



## Pleasant Valley Christian Academy

1802 – 45 Avenue, Vernon, B.C. V1T 3M7

ph: 250-545-7852 fax: 250-545-9230

### **HEALTH & SAFETY PROTOCOLS**

- **HEALTH CHECKS:** Families are supplied with a “Daily Health Check” Flow chart. Parents and caregivers should assess their children daily for illness before sending them to school. We like greeting our students in the morning, therefore at least one staff will be greeting the students and asking them if they have any symptoms. Parents are to wait in their vehicles until we give them the go ahead to go.) **IF A STUDENT, STAFF OR OTHER ADULT IS SICK, THEY MUST NOT ENTER THE SCHOOL.**
- **STAFF HEALTH CHECKS:** The staff also follow the “Daily Health Check” flow chart.
- **ABSENCES:** Parents are requested to text their child’s teacher when a child will be absent.
  - They are also requested to list the symptoms if the child is absent due to illness.
  - The family is requested to follow the “Daily Health Check” Flowchart (attached). This chart will guide them to know what to do if they have symptoms and when it is safe to return to school.
- If someone **STARTS FEELING SICK WHILE AT SCHOOL:**
  - They are to be isolated in a supervised area until they can go home.
  - Provide the student with tissues to cover their coughs or sneezes.
  - The parents are to be contacted to pick the student up as soon as possible.
  - The student is to be reminded to follow the attached flow chart indicating what to do next and when they can return to school.
  - All areas that the ill student was in contact with are to be cleaned and disinfected.
  - Practice diligent hand hygiene after being in contact with someone who is ill.

- **PERSONAL ITEMS:** Staff and students can bring personal items to school, but are encouraged to not share items that come in contact with the mouth (e.g. food, drinks, unwashed utensils, etc).
- **NO MORE DIVIDING INTO LEARNING GROUPS:** We can now function as we functioned without the divisions, but remembering to:
  - Respect others personal space,
  - Use available space to spread out whenever possible,
  - Prevent crowding,
  - Stagger recesses and transition times,
  - Take students outside as often as possible,
  - And follow the floor markings for hallway traffic.
- **RECESSES:** Outside is encouraged!
- **INSIDE/ASSEMBLIES/GROUP ACTIVITIES:** Students are encouraged to use the space available to spread out and to respect other students and staff comfort levels regarding personal space.
- **VISITORS ARE AGAIN WELCOME IN THE SCHOOL!** But are asked to follow the posted protocols.
  - Complete a Daily Health Check before entering the school,
  - All visitors must wear a non-medical mask while inside the school,
  - Fill in the visitor sheet and
  - Give their signature ensuring us they have no symptoms of illness.
- **HOT LUNCHESES/FUNDRAISERS:** Schools can return to providing food services, including for sale, provided they align with “Food Safety Legislation” and the “Guidelines for Food and Beverage Sales in B.C. Schools”. (A copy of each will be provided to the PAC.
- **WHERE FOOD IS PREPARED AS PART OF LEARNING** and is consumed by the students who prepared it, the following health and safety measures should apply:
  - Follow normal food safety measures and requirements.
  - Follow Covid cleaning and disinfecting protocols.
  - A minimum of one adult should have their Food Safety Level 1 Certificate.
- **DRINKING WATER:** The water fountains are turned off. We request that the students bring their own personal water bottles to school. We have filtered water taps in each classroom where the students can fill their bottles.

- **HANDWASHING:** Wash hands with plain soap for at least 20 seconds, temperature does not matter. It is suggested that the students are given lessons on handwashing regularly so that it is constantly on their minds. There are signs posted reminding the students to wash their hands frequently.
- **PLANNED & FREQUENT HANDWASHING:** As soon as we get to the school; before and after going outside; before and after going to the bathroom; before and after eating; before and after group activities; before and after wearing disposable gloves.
- **DISINFECTING:** General cleaning, and cleaning and disinfecting of frequently touched surfaces - once a day
  - Commercial approved disinfectants are used.
  - A disinfectant fogger machine is used for efficiency.
  - There is no evidence that the COVID-19 virus is transmitted via “paper” products. There is no need for these items to be cleaned and disinfected or quarantined... or for hand hygiene to be practiced before and after use.
- **HALLWAY TRAFFIC FLOW:** We have placed arrows on the floor to show the desired traffic flow. The general rule will be to stay to the right in the hallway.
- **MASKS:** All students are now to wear masks in Elementary School. Staff are to wear masks. Masks are not required while eating or drinking, or when they are outdoors. Exemptions are made for health reasons.
- **GROUP EVENTS:** At this point it appears we are able to have group gatherings if we are following the protocols and are respectful of others’ personal space while on school grounds, including outside as outlined in this document.
- **EVACUATION DRILLS:** continue to be a priority. Our outside area allows us to be able to follow the safety protocols.
- **PROTOCOLS** are reviewed on a regular basis during school staff meetings. Any changes will be updated as they happen.
- **FIELD TRIPS:** We have been given the go ahead to use volunteer drivers. However, here are the following protocols we need to follow:
  - Spread out vehicle occupants as much as possible.
  - Travel with the same people whenever possible.
  - Set the vehicle’s ventilation to bring fresh outside air, and do not recirculate the air.
  - Open windows when the weather allows.
  - Clean hands before and after trips.
  - Clean frequently touched surfaces regularly.

- Follow the mask requirements.
- **SCHOOL SPORTS/CASA:** can occur in alignment with the provincial guidelines and the provincial health recommendations.

I hope we have covered everything here!

We are very happy that we can have all the students back to school on a full-time basis! Please remember that these protocols allow us to have our students back.

So **PLEASE HELP US follow these protocols!** We do not want to lose this privilege!

THANK YOU!!!!